

Durham School Health Advisory Committee Meeting
AGENDA
January 19, 2022 12:30-2pm
Facilitators – Jim Keaten and David Hackney

Attendees: Natalie Byer (DPS, Board of Ed.), Morgan Medders (DCo Public Health), Mary Jane Palmer (DPS HR), Armenous Dobson III (Insight Human Services), Jamie Mancuso (Southern HS), Chris Soto (DPS, SEL/Mental Health), Jasmine St Denny (DCo Public Health), Erin Carroll (DPS, Outdoor Learning), Liliana Marin (American Heart Association), David Hackney (DPS), Raina Goldstein Bunnag (DCo Public Health), Teresa Dafford (DPS Comm. Ed.), James Keaten (DPS, School Nutrition), Brittany McCoy (DPS, School Nutrition), Deborah Pitman (DPS Asst. Superintendent)

Welcome and introductions	Icebreaker – What is your dream for this year? A lot of people are working on spending more time with family/friends, improving diet and exercise, self-care, and even writing a book!
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DPS Outdoor Learning presentation – Erin Carroll	<p>Summary of presentation (refer to slides for more detail)</p> <ul style="list-style-type: none"> • Opening activity – picture of a stick and a toy car– How might you have played with these as a child? <ul style="list-style-type: none"> ○ Lots of good answers. Theme - stick has more versatility, this can be applied to outdoor learning, there are many ways to approach it. • Lots of benefits to outdoor learning – physical, social/emotional, equity, environmental, academic, etc. • Outdoor learning in DPS: <ul style="list-style-type: none"> ○ Want to build teacher capacity through school-based experiences and a network – BOLD ○ Outdoor learning website - https://sites.google.com/dpsnc.net/outdoorlearning/home • Questions from SHAC: <ul style="list-style-type: none"> ○ How can we do more lunch/meals outside? ○ How can we get more of this information to all schools? (outdoor learning may help with winning alliance for a healthier generation award) ○ School gardens – how can they be utilized at more schools?
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Updates	<ol style="list-style-type: none"> 1. Athletics – David Hackney <ol style="list-style-type: none"> a. Most athletes are vaccinated. Not a lot of community spread within teams. Athletes are getting COVID mostly from out of school time b. In constant communication with nursing staff to keep athletes safe – making changes as needed. 2. Youth involvement in SHAC –Armenous Dobson <ol style="list-style-type: none"> a. Application will be sent out next week (week of 1/24) b. If you have any students in mind for SHAC, please email Armenous - adobson@insightnc.org
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	<ul style="list-style-type: none"> 3. Mental Health – Chris Soto <ul style="list-style-type: none"> a. Referrals are up significantly. It is good news that more students are being referred and served. However, there are capacity challenges. Mental health agencies are required to hire new staff to ensure schools have the needed clinicians to meet referral numbers. Hiring Spanish-speaking therapists is another challenge. 4. Wellness Policy R&P <ul style="list-style-type: none"> a. Nutrition – Please look at attached R&P document and share any feedback with Jim and Raina b. Mental Health <ul style="list-style-type: none"> i. There is a new mental health policy for all DPS staff to have training. This is good timing for R&P updates. ii. R&P is drafted, just needs a few edits and can also pass along to full SHAC for further edits/questions c. Physical Activity – Elizabeth Sims is leading group and there will be updates soon. Will make sure to be in compliance with state PA/PE guidelines. Also will include creative ideas for teachers to include PA in classroom.
<p>Announcements</p>	<ul style="list-style-type: none"> 1. Please complete feedback survey to help us plan meetings and goals for the year 2. SHAC member announcements <ul style="list-style-type: none"> a. SNS – will start planning summer meals soon <ul style="list-style-type: none"> i. Site application will be out soon. Please share with any potential sites ii. SNS will also look at open sites for the areas that are most underserved/food insecure – <ul style="list-style-type: none"> 1. Comment - NE central Durham is area of need iii. SNS will be supporting DPS summer programs with meals b. SNS is working on restructuring department to align with DPS restructuring – provide additional structure and support for employees; SNS will also take over food warehouse functions 3. Timing of SHAC meetings – need to protect student instructional time – maybe earlier in the AM when we get students on board